



# **Do you have IC/BPS?**

**Living in your bathroom?  
Can't sleep through the night?**

**Do you have pain as your  
bladder fills with urine?**

**Do you have pain before, during  
or after intimacy?**

**Does it feel like a UTI  
but no infection is found?**

**You Are Not Alone!**

**September is IC Awareness Month!**

Join Us and learn more at [icawareness.org](http://icawareness.org)